

“DE BO ROLLO” (“GOOD VIBES”) PROGRAMME, A SOCIAL SKILLS PROGRAMME

In collaboration with the UMAD (Municipal Unit for Attention to Drug Addicts) from the City of Santiago, within the cooperative networking of the neighbourhood of Fontiñas.



This is an intervention carried out from 6th year of Primary Education to 4th year of Secondary, working on social skills as an important source both to improve self-esteem and interpersonal relationships and to prevent risk situations (conflicts, addictions, ...)



The idea is to work in a preventive way on the issues of school life and peaceful conflict resolution, as well as emotional education (feelings, emotions, empathy...) The professionals who were responsible for

this project were a group of psychologists and social workers, tutors and the school counsellor.

In 3rd year of Secondary, some aspects like decision making, assertiveness and critical awareness were worked through advertising. Students worked in small groups and represented "advertisers" that had to decide a name, a product, an advertising campaign and finally record the corresponding commercial. The filming was made at school with amateur resources.



Social skills which were worked:

1st year secondary, 8 sessions:

- 1- Remembering the social skills.
- 2- Learning to listen and to be heard.
- 3- Recognizing feelings and emotions.
- 4- Learning to empathize.
- 5- Apologizing.
- 6- Giving and receiving complaints.
- 7- Dealing with conflicts.
- 8- Revising social skills.

TUTORJAL: group dynamics, participation, respect, class rules...



Thinking and making decisions in group.



2nd year secondary,
8 sessions:

- 1- Remembering the main social skills.
- 2- Empathy 1.
- 3- Empathy 2.
- 4- Conflict resolution 1.
- 5- Conflict resolution 2.
- 6- Decision making 1.
- 7- Decision making 2. Assertiveness.
- 8- Revising social skills.

Making an advertisement...



3rd year secondary, 8 sessions:

- 1- Presentation – application of a pre-test.
- 2- Group formation and selection of a product or topic by the groups.
- 3- Explanation of the stages for making a commercial and an exercise on the sale of the product.
- 4- Explanation of the technical elements of a commercial.
- 5- Making the storyboard and closing the final structure of the commercial.
- 6- Dress-rehearsal of the commercial.
- 7- Recording the commercial.
- 8- Screening and assessment with the class-group.